



June 20, 2022 Newsletter



Understanding Your Teen

The teen years are notorious for being challenging. They are marked by confusion and uncertainty, which helps explain why teens often make life difficult for those around them, and themselves. Add learning disabilities or attention issues to the mix, and the

challenges may be even more difficult to manage.

[Link here](#) to the article.

Talking About Sex

Few parents relish talking to their kids about sex, but avoiding the topic puts your child at risk for learning about it on the playground. Addressing the subject in a forthright manner allows you to control the message, ensuring accurate and age-appropriate information within the context that works for your family. **[Click here to read this article.](#)**





Strategies To Keep It Positive

Resolving problems and navigating tense conversations with your child are best achieved through positive communication, but as every parent knows that's not always easy to manage. Use these guidelines to help you set and maintain a positive tone. **Guidelines**

New & Noteworthy

Thank you to everyone who took part in our fabulous Sail Into Summer gala on May 19th! It was a great party, great fun, and tremendously successful in raising some of the funds needed to support what we do -- including our free e-newsletter and blog, and our comprehensive website.

We honored [Dr. Lydia H. Soifer](#) with a Lifetime Achievement Award, and celebrated the winners of the annual Fred J. Epstein Youth Achievement Awards. Read about these outstanding young people at <https://www.smartkidswithld.org/blog/meet-the-2022-smart-kids-youth-award-honorees/>

Thanks to our sponsors, our donors, our guests, and our board members, for making this a hugely successful event. Congratulations to every one of you! We look forward to welcoming everyone at next year's event!

**Smart Kids With Learning
Disabilities**

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<http://www.smartkidswithld.org>

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